



Shiga Park Hotel
Shigakogen



Have a comfortable time

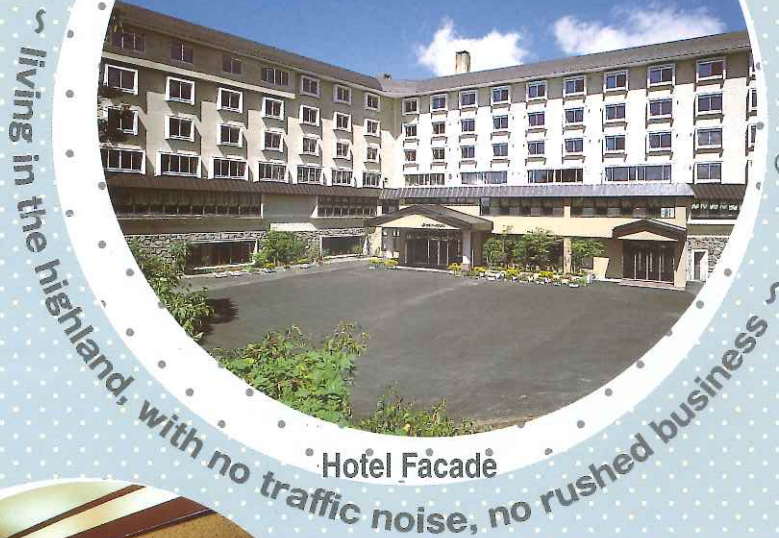
Get away from the rush and noise and enjoy a peaceful time.
Surrounded by nature, you can give yourself the luxury of "doing nothing".
This is the resort's commandment.
During the day, you can enjoy lots of activities.
At night, you can sleep peacefully.
Would you like to escape from daily routine?



CONVENTION HALL



BAKERY (Le Blé)



Hotel Facade

Living in the highland,

with no traffic noise, no rushed business



ROOM
(Japanese Style - Yukizasa)

★ ★ ★ ★
STAY



ROOM
(Western Style - Shirakaba)



Grill (Ça Va)

Facilities

- 6F Guest rooms 651-676
(667 [Yukizawa] and 668 [Shirakaba] Special rooms)
- 5F Guest rooms 551-576
- 4F Guest rooms 451-476 Men's Public Bathroom
- 3F Guest rooms 351-370 Ladies' Public Bathroom
- 2F Dining Hall (Ringonoki)
Grill (Ça va)
Pub (Kokemomo)
- 1F Lobby
Front Desk
Tea Lounge (Komakusa)
Bakery (Le Blé)
Shopping Corner (Petit Marché)
Convention Hall
Ski Locker
Outdoor Hot Spring (Unjyou no Yu)



SHIGA KOGEN'S SPECIALITY - Nemagaridake (bamboo shoots) (June and early July)



French cuisine eaten with chopsticks (previous reservation needed)

A taste of local foods,
with
the Japanese style !!



Generous buffet during the winter



Popular pasta - Lunch (previous reservation needed)

GOURMET

Shinshu's taste - vegetables from the mountains



Famous local honey souvenir

Plenty of healthy ingredients from Shinshu (Nagano's old name), the food preservation process were learned from ancestors. Countryside recipes passed on from generation to generation served in a special dinner.

The Chef, trained in well-known restaurants in France, propose seasonal recipes.

The hotel is filled with delightful smell of fresh bread from Le Blé, the bakery. Sake, jam, honey and other local foods are available as delicious souvenir. *large and small banquet for non-guests available (Please make reservation in advance)

*Pictures of meals are taken from the usual menu.

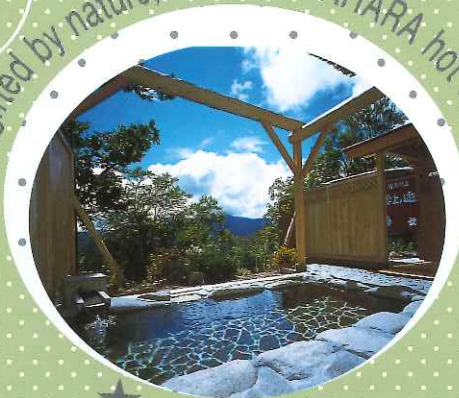


Fresh bread from Le Blé



Aromatherapy

~ a gifted by nature, TAKAMAGAHARA hot spring ~



Enjoy the beautiful rustic outdoor hot spring
Closed during the winter

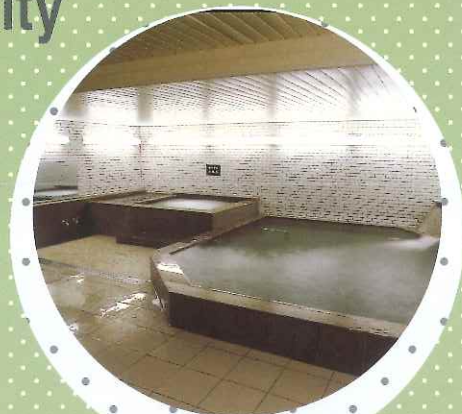
RELAXIN' with the SPA

Gentle to your skin, refresh your vitality at Takamagahara Onsen

Relax from mountain climbing or skiing, rest and refresh...
Hot spring rich in minerals carefully and gently treat
body and mind stress. Here you can have Aromatherapy
and sports-massage session.

Takamagahara Hot Spring

Hot spring composition: Sulfur spring
Indicated as treatment for: neuralgia, myalgia
(muscular pain), joint pain, diabetes, women's diseases,
sensitivity to cold, cut injuries and fatigue.



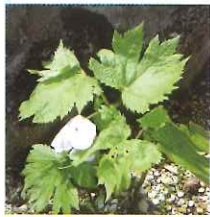
Hot Spring(public bathroom)

<http://www.shiga-park.co.jp>





Japanese Azalea



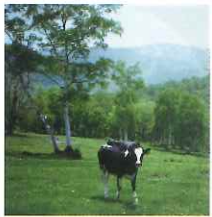
Glaucidium



"Onuma Pond"



Spring



Cow Farm



The Japanese Serow!!!

At Shiga Kogen, you can ski until the beginning of May. In the end of spring you can appreciate snow and buds in the same field. Feel the fresh air from the virgin forest, listen the birds singing, walk enjoying little flowers. Join us at Shinryokusai (Spring Festival) at Shiga Kogen.

Summer



Dailies in the sun



Tea for two



"Daija Matsuri"
Shiga Kogen summer's Festival



The Queen of Japanese Alpine Flowers



Let's watch the fireworks!

Clear blue sky, shades of green, flowers blossom from the ski runs, the cold water from the mountain makes the air fresh. During the summer you have many things to appreciate in the mountains. At night, you can watch lots of stars. It's the highest place in Japan that you can watch the fireflies. During the summer, there's Daija Matsuri (Giant Snake Festival) in Shiga Kogen.



Pick your own apples

Red and yellow leaves



Photo



Autumn



In the middle of September, you can feel the chilly air of autumn and watch the leaves changing color. Enjoy the landscape driving through the roads. Catch the Ropeway and lifts to appreciate the nature. Walk through the autumn color trees and see the beautiful contrast between red and yellow leaves. Shiga Kogen has a wide range of mushrooms and sweet autumn fruits. Here, the season can be fully enjoyed.



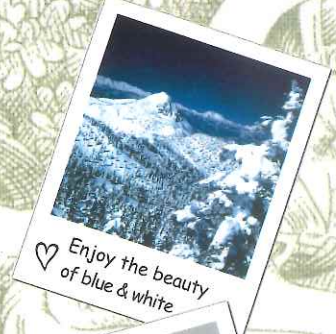
Whose footprint is that?



The ski season is starting



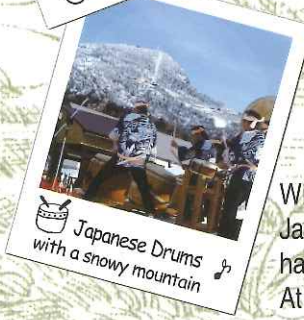
Winter



Enjoy the beauty of blue & white

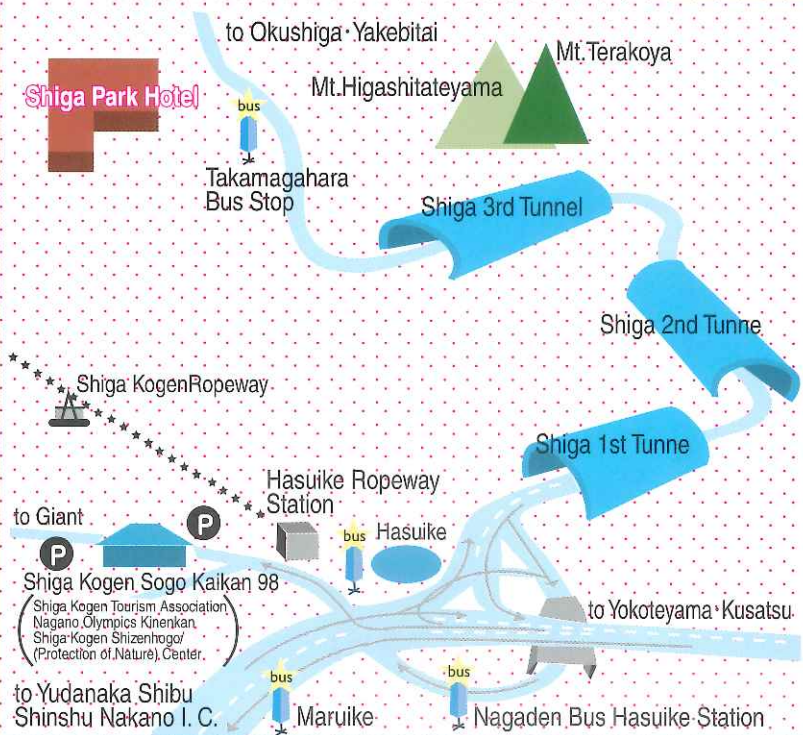


ski school coaches



Japanese Drums with a snowy mountain

With 21 ski fields and 66 ski lifts, Shiga Kogen is the biggest ski resort in Japan. Enjoy the powder snow, warm yourself at hotel relaxing in the onsen, have a delicious meal drinking an authentic sake (Japanese beverage). At sunny days, nothing is better than enjoy the snowy mountains hiking, skiing or snowboarding.



Access

★By car

Tokyo – from Takaido I. C. - 3.5 hours
 – from Nerima I. C. - 3 hours
 Nagoya – from Komaki J. C. T. - about 3.5 hours.
 Niigata – from Joetsu J. C. T. - about 1 hour

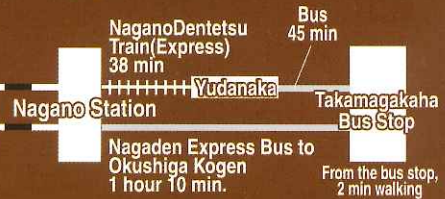
From Shinshu Nakano I. C. it's just 40 minutes by car!!!

P 50 cars and 20 buses. (no charge)

★By train

From Tokyo NaganoShinkansen (Super Express) 79 min

From Nagoya Chuo Line Express 2 hours 43 min.



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